

CF Yearly Testing

Overview: This document is designed to help you track annual required tests and vaccines. Please work closely with your CF Team to ensure all tests have been requested and completed. Please take care of this record and keep a copy for your files. You may also request a Word file of this document for electronic use and printing.

Tests required once a year (or more often, if recommended by your CF doctor)

NOTE: Tests are required for both men and women unless specified otherwise.

Annual Labs	Date Completed			
CBC with differential				
CMP				
TSH				
Cholesterol				
HgbA1C				
PT/INR				
Vitamins A, D-25-hydroxy, and E				
IgE (Allergy Antibody)				
Cardio CRP				
Cystatin C				
Urine (microalbuminuria, creatinine)				
Other annual tests, exams etc...				
Bone Density (local hospital or at Norris)				
Oral Glucose Tolerance test (local hospital/lab or at clinic)				
Chest X-ray (every 6 months)				
Full PFT (at USC-UH)				
Flu Shot				
Pneumonia Vaccine - EVERY FIVE YEARS				
Pap Smear (FEMALES over age 18)				
Mammogram (FEMALES over 45)				
Prostrate Exam over 50 refer to PCP or Family Medicine (MALES ONLY)				
PSA over 45 (MALES ONLY)				
Dental Examination				
Eye exam				
Testosterone free and total, free t4, PTH (MALES ONLY)				

If you have CFRD (CF related Diabetes) the following tests are required annually:

Annual Labs	Date Completed			
Diabetic eye exam by an Ophthalmologist or Optometrist – requires dilation of the eyes				

Other	Date Completed			